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Keep reading to stay informed on events and happenings at Foster Adopt MN, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.



While National Adoption Awareness Month is a time to celebrate families formed through adoption and raise awareness about the need for adoptive families, especially for youth in foster care, it's equally important to elevate, honor, and listen to adoptee voices. Their lived experiences offer essential insight into the complexities and nuances of adoption.

Below are resources created by adult adoptees that feature their stories and perspectives. We encourage you to explore these voices, share them with others, and reflect on the full spectrum of adoption experiences.

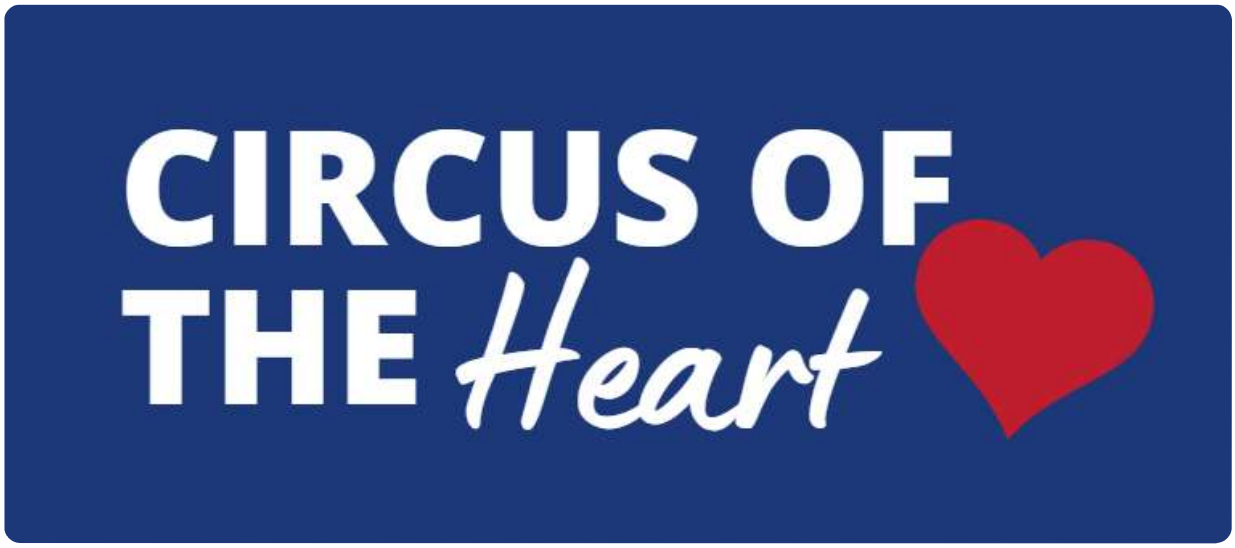
The Value of Adoptee Voices – A platform supporting adoptee storytelling and advocacy

Adoptees "Flip the Script" on National Adoption Month – A powerful video challenging traditional adoption narratives

A Transracial Adoptee's Truth About Family, Identity, and Belonging – Dr. Abigail Hasberry shares her experience growing up in a transracial adoptive family

Voice of Adoptees Podcast – Weekly episodes amplifying diverse adoptee experiences

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On Saturday, November 7, Foster Adopt MN and the Minnesota Department of Children, Youth and Families hosted the 29th Annual Circus of the Heart.

Over 1100 people attended either in-person or virtually. This event was full of activities, information, balloon art, resources, prizes and giveaways!

It was a great afternoon acknowledging National Adoption Awareness Month and honoring families who have grown through adoption and kinship care, and providing information about adopting children and youth under state guardianship.

Please join us next year!



FAM staff posed for a picture before the festivities began!

Thank you to our event sponsors

Foster Adopt Minnesota **gratefully acknowledges** the following individuals & organizations for their contributions to the **2026 Circus of the Heart**.

Through the contribution of prizes and time, they have been instrumental in the success of this years event.

All About Word Art
Anoka County
AR Workshop
Bach to Rock
Bakken Museum
Bell Museum
Minneapolis Institute of Art
Minnesota Vikings
MN Landscape Arboretum
MN Transportation Museum
Nexus Family Healing
Nothing Bundt Cakes

Big Air
Binti
Black Garnet Books
Bouldering Project
Breadsmith
Bunker Beach
Café Latte
Can Can Wonderland
Children's Home
Children's Museum of South Dakota
Children's Museum of Southern Minnesota
Eagles Nest
FOSS Swim School
Good Times Park
Grand Casino
Great Lakes Aquarium
Great River Children's Museum
House of Comedy
Kendra Scott
Lake Superior Zoo
Let's Roam
Majestic Oaks Golf
Punch Pizza
Raising Canes
Ramsey County
Safelite
Scheels
SDSU Jackrabbits
Skateville
Sota Shop
Stages Theatre Company
The Burrow
The Works Museum
Three Bear Waterpark
Top Golf
Trader Joes
Treasure Island Resort
University of MN Athletics
Walker Art Center
Wheel Fun Rentals
Wild Mountain
Zero Hours

Upcoming Events



The Fall Forum features a stellar lineup of webinars covering topics ranging from mental health to race and law enforcement.

Join us for the last 2 days (**Thursday, November 12** and **Wednesday, November 18**)for thought-provoking trainings and conversations led by an inspiring group of presenters (in order of events):

- Daniela Coats
- Sabra Starnes
- Sarah L. Webb
- Katherine So Dachtler
- Chaitra Wirta-Leiker
- Priya Fielding-Singh
- Meg Flynn
- Tina Payne Bryson

Register

Did You Know?

📽️ Did You Know?

💡 Did You Know?

Tune in 🎧 and learn more about getting started with foster and kinship care: https://www.fosteradoptmn.org

🙌 Ready to support our mission? Explore ways to get involved: https://www.fosteradoptmn.org/support-our-work/



Featured Child: Ari



Ari, 17, has a big heart, a great sense of humor, and easily makes others laugh. She is deeply loyal, naturally helpful, and a hard worker who does a good job advocating for herself. Ari likes cooking, doing arts and crafts, and going for walks.

She enjoys school and spending time with others. Ari likes playing video games, listening to music, getting her hair done, and going shopping. She recently had henna done on her arms, and she loved it. Ari's favorite foods are pizza, burgers, seafood, spicy foods and boba tea. Ari is not picky and willing to try new foods except salmon or catfish.

Ari will need to maintain contact with family. Only MN caregiver(s) are being considered at this time.

Learn more



Early Childhood Intervention

This month we are focused on early childhood intervention with a specific focus on the Program Help Me Grow MN.

Children in the foster, adoptive, and kinship community may have experienced early trauma, institutionalized care, and may have a complex or unknown medical history. Help Me Grow MN creates a bridge for families to better understand and meet the needs of their child/ren.

Here are some services that Help Me Grow MN offers:

1) Free developmental screenings and check-ins
2) Evaluations for early intervention (age 0-3)
3) Pre-school special education support (age 3-5)
4) Helping families navigate systems and funding opportunities
5) Culturally informed and multi-lingual support
6) Informed guidance to parents to aid in medical advocacy

Explore all that HELP Me Grow MN has to offer



Give to the Max! November 19, 2026

Families shouldn't have to do this alone.
Every family needs support.
Sometimes that means someone to listen.

Sometimes it means answers.
Sometimes it means connecting with a professional who understands.
Sometimes it means simply knowing:
We're not alone.



Foster Adopt Minnesota helps foster, adoptive, and kinship families connect with education, resources, guidance, and specialized support.

And your generosity helps us continue strengthening the community around them.

Consider donating this Give to the Max Season. Early Giving has begun.
It Takes All of Us.

Donate

Represent FAM with New Merch!



Looking for the perfect gift for a friend?

Look no further—shop the **FAM Store** and make a meaningful impact! Every purchase of FAM merchandise helps support our mission to find and strengthen Minnesota's adoptive, foster care, and kinship families.

100% of the proceeds go directly toward our work, and by wearing FAM gear, you're also helping raise awareness about the services we offer.

Support the cause. Spread the word. Look great doing it.

Shop now

November is Native American Heritage Month

This month is a time to honor the histories, cultures, and contributions of Native Nations, especially the 11 sovereign Native Nations of Minnesota and vibrant urban communities. First federally recognized in 1990, Native American Heritage Month invites reflection, learning, and action.

Below are opportunities to learn, celebrate, and engage during this month.

Learn more about:
Minnesota's Tribal Nations

Events:
A Celebration of Community & Culture Friday, November 13, 2026 5:30 PM – 10:00 PM / Nicollet Island Pavilion / Minneapolis, MN

The Circle News maintains a statewide calendar of powwows, cultural events, workshops, exhibits, and gatherings.

November offerings include:

- Nashke Native Games
- Gathering for Our Children & Returning Adoptees Powwow
- Hocokata Ti Fashion Show - Ṗéta: The Fire Connects Us
- Arts exhibitions and community celebrations

More Calendar Events:

nexuscp.org
Shakopee Mdewakanton Sioux Community
Meet Minneapolis
minneapolis.org

Visit:

Dakota Sacred Hoop Walk at the Minnesota Landscape Arboretum in Chaska

Birchbark Books & Native Arts for stories from Indigenous authors

Two Rivers Gallery at the Minneapolis American Indian Center

Mill City Museum October 22, 2026, through March 28, 2027
prints from Ojibwe artist Sam Zimmerman / Zhaawanoogiizhik's new book with MNHS Press, *Walking My Ancestors' Path: A Collection of Paintings and Stories*

Minnesota History Center Visitors can learn about Native communities in Minnesota, including stories of survival, resiliency, and adaptation at the exhibit *Our Home: Native Minnesota.*

Mille Lacs Indian Museum and Trading Post Onamia, MN
The story of the Mille Lacs Band of Ojibwe is explored through museum exhibits, objects, demonstrations, and tours.

Forward this email to a friend

PERMANENCY SERVICES RESOURCE HUB

Minnesota and the professionals who support them.

zero kids waiting

The Zero Kids Waiting Program is the gateway to information about adoption, foster care, and kinship in Minnesota.

help program

Support, guidance, and resource connection for Minnesota's adoption, foster and kinship communities

post-permanency navigator

Information, resources, and referrals regarding post-permanency support in Minnesota.

education

Our Education Program provides workshops on topics relevant to foster, adoptive, and kinship families.

post search

Provides information and referral to adopted persons, birth families, and adoptive families who need records or have questions about the search process.

Foster Adopt Minnesota

Supporting the adoption, foster and kinship communities

Gold Transparency 2026 Candid.

Foster Adopt Minnesota acknowledges and honors the lived experiences and identities of the individuals and communities we serve.

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