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Holiday Resources 2026

The leaves are falling, the sweaters are coming out, and before we know it, the holiday season will be upon us! As your family looks ahead to celebrations, traditions, favorite foods, and activities, we acknowledge that this season can bring lots of excitement and joy along with added expenses, busy schedules, changes in routine, and big emotions. For many families, the holidays can hold many different feelings and experiences. Whether you're carrying on a favorite tradition, starting something new, or keeping things simple this year, the moments that create connection and belonging can be the most meaningful for the kids in our homes. Sometimes a little extra support can make it easier to focus on those moments and enjoy the season together. With that in mind, we've gathered resources from across Minnesota to help with holiday meals, gifts, basic needs, family activities, and more.

Below are several links to community resources available throughout the state.

Food Resources
To find food shelves, discounted groceries, free meals, community food distribution sites, and more visit: https://www.hungersolutions.org/find-help/. Enter your zip code to find resources nearest you.

Metro Thanksgiving Meals and Baskets
Statewide List of Thanksgiving Meals
Free Thanksgiving Meal Near Me 2026 — Turkey Boxes + Hot Meals | Feed America

Winter Clothing
Statewide 211 Winter Clothing List
Statewide 211 Regular Clothing List

Gift Resources
Toys for Tots
United Way
The Salvation Army

These programs are funded through the Minnesota Department of Children, Youth and Families.

Webinars and Podcasts

Home for the Holidays: Helping Birth Kids Find Predictability in a Season of Change -FAM Webinar

Finding Your Child's Lost Identity – FAM Webinar

Happy Enough Holidays – FAM Podcast

The Gifts We Can Give Our Youth Over the Holidays – FAM Podcast