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Keep reading to stay informed on events and happenings at Foster Adopt MN, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.

Get to Know Us

Christina Romo

Post-Permanency Program & Resource Hub Manager

Meet Christina! Christina is the Post-Permanency Program & Resource Hub Manager. She is also co-leading and planning the Kinship Self-Care and Resource Fair this month.

How long have you been with Foster Adopt Minnesota?

6 Years

What's your favorite movie or TV show to rewatch?



I'm not really an American football person (we're a soccer family), but I love *Friday Night Lights*. *Psych* is another favorite. It is such a goofy and lighthearted show and just an absolute joy to watch! I also really love *Reservation Dogs* and *Schitt's Creek*. My husband I are also currently doing a rewatch of the *X Files*. I love revisiting all of these shows every once in a while!

Do you have a favorite local spot (restaurant, park, coffee shop)?

My family's favorite breakfast spots are Fat Nat's for their pancakes and Mexican-American fusion dishes and Louisiana Café for their egg benedicts. Our favorite Korean restaurant is Sole Café. We love trying new restaurants and have been really fortunate to live in areas that have such amazing and diverse options – we have so many favorites!

I really love Makwa Coffee and have to give my cousin's new coffee shop, Café Milagro, a shout out, too!

What's your favorite way to spend a weekend?

We don't get up there often enough, but I love spending weekends up north at my family's cabin. But really, any opportunity to spend time with my family, regardless of what we are doing, makes for a good weekend.

SAVE THE *Date!*



**SATURDAY,
NOVEMBER 7**

CIRCUS OF THE *Heart*



Foster
Adopt
Minnesota



DEPARTMENT OF CHILDREN,
YOUTH, AND FAMILIES

Save the date for **Circus of the Heart**. The kick-off of Minnesota's Adoption Awareness Month, honoring families who have grown through adoption and kinship care.

Registration will open later this month.

We Need Your Help!

Here are two ways you can get involved in Circus of the Heart:



Prize Donations

FAM is seeking contributions used for prizes for children, teens, and families who attend the event. Especially important are gift baskets for teens.

Themes could include sports, music, gaming, art, reading, etc.!

Other examples of prizes that would be well received are gift cards, food items, family entertainment opportunities, event tickets, gift baskets, sports merchandise, electronics, and monetary donations to be used for the purchase of prizes.

If you are able to contribute, please contact us at circus@fosteradoptmn.org.

Volunteer!

If you'd like to volunteer for this event, some of the activities volunteers assist with include line management, crafts, games, prizes, food, and greeting attendees.



We're expecting an attendance of around 1,000 people, and we count on our amazing volunteers to make the event a success!

If you would like to volunteer at this year's Circus of the Heart, [please sign up here](#).

Fall Forum



Foster Adopt Minnesota

Registration is open for our upcoming Fall Forum in November!

The Fall Forum offers a [variety of workshops](#) presented by nationally renowned speakers to meet the needs of those on the frontline of foster care, kinship care, and adoption.

- Tuesday, November 10
- Thursday, November 12
- Wednesday, November 18

[Register Today](#)

Featured Child: Alissa



Alissa, 12, is creative, respectful, a good listener, and a natural leader. She has a deep love for singing and dancing. She is not afraid to show off her dance moves or share a song. Alissa's favorite music includes Taylor Swift, Kidz Bop, and country. Alissa expresses her creative side when playing house and doing her dolls' hair. She enjoys playing soccer, riding her bike, and swimming.

In school, Alissa likes spending time with her friends and attending art and math classes. In her free time, Alissa can be found listening to music and watching television. Her favorite television shows are Nicky, Ricky, Dicky, and Dawn, iCarly, Bunk'd, Barbie, and The Grinch. Alissa likes both summer and winter seasons. Her favorite foods are spaghetti, hamburgers, orange chicken, pie, and ice cream.

Alissa describes herself as “quiet, kind, happy, creative, a good student who tries her best at things, and sometimes gets overly excited”. Alissa would like a family who shares her love of road trips, vacations, and camping.

Alissa will need to maintain contact with family.

[Learn more](#)

Kinship Care Support

September is Kinship Awareness Month

The [Permanency Services Resource Hub](#) is a centralized tool and site to find a wide range of resources to support the kinship, foster and adoption communities across Minnesota and the professionals who serve them.

[View available Kinship resources](#)



Kinship Navigator Programs

The Minnesota Department of Children, Youth, and Families has partnered with the following agencies to provide navigation services for relative caregivers. Kinship navigator programs help relatives and kin with learning about and accessing services and supports to meet their needs, including legal, financial, and peer support programs.

[Nexus-Kindred Family Healing](#)

[Lutheran Social Service of MN](#)

[Urban League Twin Cities](#)

[Family Service Rochester](#)

[Kinship Care Webinars](#)



Take a look at our list of [pre-recorded webinars](#) about Kinship care. Use this code to listen to one for FREE.

Coupon code: KinshipCare9

**Kinship Self-Care
& Resource Fair**

HOSTED BY
FOSTER ADOPT MINNESOTA

Registration is now open!

Learn more and register at <https://www.fosteradoptmn.org/kinship-fair/>.

[Register](#) for our 3rd Annual Kinship Fair!

Join us for an afternoon filled with community connections, valuable resources, self-care opportunities, and a visit to our Foster Adopt Shop. Guests can enjoy food, self-care gifts, prizes, and more!

Round Up for FAM

Starting October 1st, round up your order for FAM when you visit White Castle at the following locations:

- Blaine
- Bloomington
- Brooklyn Park
- Columbia Heights
- Forest Lake
- St. Paul (University/Lexington)
- St. Paul (White Bear Ave.)



Nominations Open for Foster Adopt Minnesota's 2026 Distinguished Service Awards

Do you know someone making a lasting impact in Minnesota's adoption, foster care, and kinship communities?

Each year at Circus of the Heart, FAM presents the Distinguished Service Award to recognize an individual, organization, or corporation whose dedication has improved the lives of children and families across our state.

The selection committee considers:

- ✓ Significance of contributions
- ✓ Impact on children, families, and communities
- ✓ Length of service and commitment

14 Nomination deadline: September 25, 2026

Help us celebrate those who go above and beyond—[submit your nomination today](#).

National Hispanic Heritage Month



As we get into September, we wanted to highlight Hispanic Heritage month, a time where we celebrate the rich history, culture and contributions of Hispanic Americans.

Please take a look at the activities and events across MN:

[39th Hispanic Heritage Awards: Sept 10, 2026 at Orchestra Hall.](#)

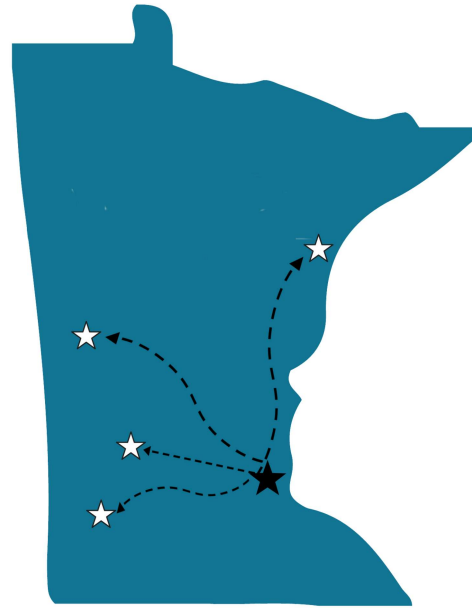
[CLUES Gala Latina](#)

Find Minnesota Organizations [here](#)

Where in the State is Foster Adopt MN? *Find us in the Community*

Stop by and see us at these upcoming events:

- **Minnesota Social Service Association (MSSA) Fall Conference - Fergus Falls:** Thursday, September 24, 2026.
- **MSSA Fall Conference - North Mankato:** Friday, September 25, 2026.
- **Kinship Self-Care and Resource Fair:** Tuesday, September 29, 2026, from 12-4 PM. [Check it out.](#)



- **MSSA Fall Conference - Redwood Falls:** Thursday, October 1, 2026.
- **St. Louis County Health & Human Conference:** October 7-8, 2026, at the Duluth Entertainment and Convention Center, Duluth, MN
- **MSSA Fall Conference - Rochester:** Friday, November 6, 2026.

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PERMANENCY SERVICES
RESOURCE HUB

Information and resources for the foster, adoption, and kinship communities in Minnesota and the professionals who support them.



zero kids
waiting

The Zero Kids Waiting Program is the gateway to information about adoption, foster care, and kinship in Minnesota.



Support, guidance, and resource connection for Minnesota's adoption, foster and kinship communities



Information, resources, and referrals regarding post-permanency support in Minnesota.



Our Education Program provides workshops on topics relevant to foster, adoptive, and kinship families.



Provides information and referral to adopted persons, birth families, and adoptive families who need records or have questions about the search process.



Foster Adopt Minnesota acknowledges and honors the lived experiences and identities of the individuals and communities we serve.

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