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Keep reading to stay informed on events and happenings at Foster Adopt MN, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.

The Team Behind the Scenes: The 5K

If you've joined us in past years, you may recognize the the 5K team. These five Foster Adopt MN staff members work hard to put together an exciting and fun event. The FAM 5K is a family-friendly event raising money for Minnesota youth in foster care.



Kim Sacay



Hayley Wiesman



Jackie Brovold



Kayla Olson



Jolie Ritchie

Join us on Sunday, May 18 for our next 5K

We're raising **funds** for the [Back-to-School Shopping Event](#) and **awareness** for the need for families for kids in foster care.

Ways you can help:

- Run or walk!
- Show up and learn more about adoption and foster care.
- Bring a friend and/or family member to join you!

We will have music, yard games, a playground, and a photographer to take your family picture!

There will also be a variety of resource tables to provide information about becoming a foster parent, supports & other topics of interest to adoptive, foster and kinship families.

So, come walk your dog, push your stroller, or run through a 5K with us. It's a great way to be active with your family while supporting Minnesota kids in foster care.

***Can't make it in person?
You can join us virtually.***



WHEN: Sunday, May 18, 2025

WHERE: Rosland Park

4300 W. 66th St.

Edina, MN 55435

RACE DAY INFO:

9:00 AM - Check-in and packet pick up begins

10:00 AM - Kids 1/4 mile run

10:15 AM - Kids 1 mile run

10:30 - 5K Start

COST: \$40 per Adult

Kids in your family are free with one paid Adult.

For a limited time only, kids can receive a t-shirt for FREE!

(Kid T-shirts generously donated by [Twin City Tees.](#))

REGISTER TODAY!

Get your shoes ready and register

Thank you to our event sponsors!





AJ Engineering

If you'd like to learn more about partnering with us on this event, please reach out to 5K@fosteradoptmn.org.

Meet Landon



Landon, 10, is sociable, outgoing, and enjoys being around others. He loves to engage in conversation about nature, science, weather, books, movies, and just about anything. Landon is funny and likes to tell jokes. When Landon is with a group of peers it does not take him long to organize a game of tag or an activity on the playground.

Landon enjoys being busy and helpful to others. He likes spending one-on-one time with adults doing outdoor projects, cooking, baking, and cleaning. Landon enjoys being a part of a family by having tasks he can do alongside the adults. He is very smart and has a mechanical and methodical mind and thought process. Landon likes to understand how things work, how they come apart and go together. He enjoys outdoor activities and being physically active, he is into roller balding and kayaking in the summer months and loves to swim and explore nature.

Landon enjoys all types of foods. He enjoys school and excels in his academics. Landon enjoys watching movies and playing electronic games if he has time. Landon loves to read and often has two or three books started at one time. He enjoys listening to music and playing sports.

Landon will need to maintain contact with his brother. Only MN families are being considered at this time.

[Learn more](#)

Join our Team!

We're Hiring!



HELP Specialist



Education Outreach Coordinator

Apply online at:
fosteradoptmn.org/about/employment



We're hiring TWO positions. Learn more about what it means to be a HELP Specialist and/or the Education Outreach Coordinator!

If you feel you're a good fit, please apply.

[Learn more](#)



Permanency Services Resource Hub

The Permanency Services Resource Hub is a centralized tool and site to find and connect with a wide range of resources and support services for the kinship, foster and adoption communities across Minnesota and the professionals who serve them. [View available resources.](#)



Need items?

Come check out our Foster Adopt Shop and select brand new items for your children **at no cost**. Complete the form on our website. [Schedule a time to shop](#)

National Siblings Day

April 10 is National Siblings Day

In honor of National Sibling Day, we would like to share the below resources that highlight the importance of sibling relationships for youth experiencing out-of-home care.

Sibling relationships are one of the most important and long-lasting relationships many of us have, and for kids who experience out-of-home care these relationships can be even more important, with studies showing that children placed together are likely to have better experiences and outcomes.

[MN Sibling Bill of Rights](#)

[FosterClub: Youth Voices](#)

[CASCW's Sibling Relationships Importance Card](#)

[Brothers and Sisters: Keeping Siblings in Foster Care Connected](#)

[ORPARC's Sibling Resource List](#)

Other ways you can support FAM



Any Triathletes out there?

Looking for a triathlon to compete in this summer? Check out the [Lake Minnetonka Triathlon](#)! You can select Foster Adopt Minnesota as an organization to raise money for.

Swim, Bike, Run for FAM!

[Learn more](#)

Round Up for FAM

Round up your order for FAM when you visit White Castle at the following locations:

- Blaine
- Bloomington
- Brooklyn Park
- Columbia Heights
- Forest Lake
- St. Paul (University/Lexington)
- St. Paul (White Bear Ave.)



Where in the State is Foster Adopt MN?

Find us in the community

Child & Adolescent Mental Health

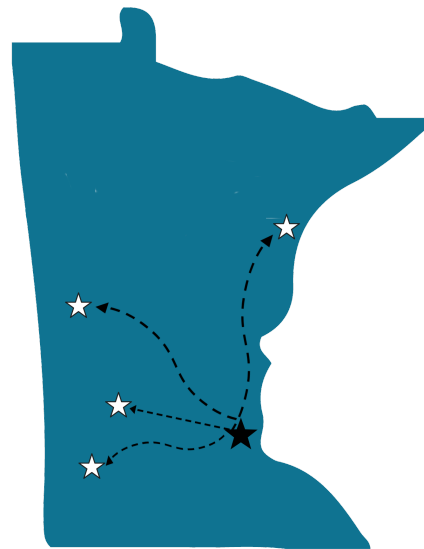
Conference: Sunday, April 27 - Tuesday, April 29, 2025 in Duluth, MN.

[Learn more.](#)

Meeker County Family Fun Day: Saturday, May 3, 2025 in Litchfield, MN

Proof Alliance Caregiver Conference:

Thursday, May 15, 2025 in Brooklyn Center, MN. [Learn more.](#)



Celebrating Autism Acceptance Month

April is Autism Acceptance Month, a time to reflect, learn and embrace the unique strengths, needs and experiences of those on the autism spectrum. The below resources provide opportunities to learn, take action and support, this month and beyond.

[CDC Data on ASD](#)

[Minnesota Autism Portal](#), including a calendar of events

[The Autism Certification Center](#), offering free online courses for families and professionals

[Autism Society of Minnesota](#)

FREE Webinar on us

In honor of Autism Acceptance Month, please use this coupon code to listen in on the pre-recorded webinar, ***The Autistic “Bag of Traits”*** from our webinar library:



COUPON CODE: INSIDER4

Expires May 1, 2025

Download now

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Information and resources for the foster, adoption, and kinship communities in Minnesota and the professionals who support them.



The Zero Kids Waiting Program is the gateway to information about adoption, foster care, and kinship in Minnesota.



Support, guidance, and resource connection for Minnesota's adoption, foster and kinship communities



Information, resources, and referrals regarding post-permanency support in Minnesota.



Our Education Program provides workshops on topics relevant to foster, adoptive, and kinship families.



Provides information and referral to adopted persons, birth families, and adoptive families who need records or have questions about the search process.



Foster Adopt Minnesota acknowledges and honors the lived experiences and identities of the individuals and communities we serve.

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