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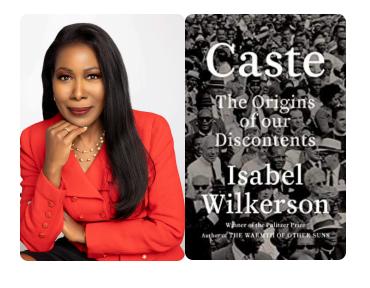
Keep reading to stay informed on events and happenings at Foster Adopt MN, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.

### **Celebrate Black History Month with Us**

Join FAM in celebrating Black History Month, honoring the achievements, culture, and resilience of African American individuals. This is a time to reflect on their contributions and promote continued progress toward equality and justice.

As part of our celebration, we're THRILLED to announce that **Isabel Wilkerson, author** of **Caste and The Warmth of Other Suns**, will join us for a live, **non-recorded webinar** on **February 18th** titled **Caste**: How the Hierarchy We Have Inherited Restricts Our Humanity.

In this powerful talk, Wilkerson explores the hidden caste system that influences American culture, politics, and everyday life, revealing how it restricts our shared humanity. Don't miss this opportunity to engage with her transformative insights!



Reserve Your Spot Today!

The following local and national resources provide opportunities to honor the Black community through learning and celebration:

- Black History Month Explained
- Minnesota African American Heritage Museum and Gallery
- Minnesota Historical Society Black History, Black Voices
- Celebrating Black History Month in the Twin Cities
- Online learning and events



## Let's Talk Podcast

As we honor Black History Month, be sure to check out these episodes of our podcast:

<u>A Conversation to Authentically Support</u> <u>BIPOC Families</u>

UMOJA [00-mo-jah] is Swahili for unity!

Find us on iTunes, Spotify & Google Play.

Visit our podcast library

### **Meet Nehemiah**

## **FAM Merch**



**Nehemiah, 17,** is kind, smart, and independent. Nehemiah hopes to attend college after high school to



Our online store is OPEN!

become a Radio Broadcaster for a station like MPR! Nehemiah enjoys watching and playing sports like basketball, football, and soccer. He also enjoys reading articles on his phone, being outdoors, and playing video games. Nehemiah would like a family who enjoys activities as opposed to being homebodies. Nehemiah says he gets along best with "happy or chill people because they're fun to be around". Learn more and inguire. When you purchase from the FAM Store, 100% of the profits help support our mission to find and strengthen Minnesota adoptive, foster care, and kinship families.

You will also be raising awareness by wearing the cool FAM merchandise.

Go check it out!

# Thank you to our FB Donors!

### Make a difference on your Birthday



Start your Facebook Fundraiser now and help us continue to support adoptive, foster care & kinship families.

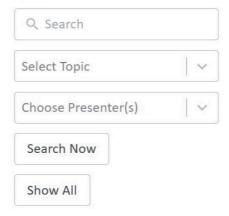


Thank you to our Facebook followers who have chosen our organization for a birthday fundraiser: Jennifer, Bradley, and Amy! Start your own fundraiser

# Webinar Library -New Look!

### Webinar Library Search

Narrow results by searching below



We're excited to introduce an upgraded experience for accessing our prerecorded webinar content! <u>Our new</u> <u>and improved Webinar Library</u> now features an easy-to-use search function that allows you to find

webinars by topic or presenter, making it easier than ever to discover the resources you need.

Use code **NEWLIBBOGO** upon checkout for a buy one, <u>get one pre-</u> <u>recorded webinar</u> of your choosing. Expires March 1, 2025.



## A Note From Us

Like many of you, the staff at Foster Adopt MN have been following along with current events.

We have heard from people with questions and concerns about how some of these events may impact themselves or their families.

We're here to support all of the adoption, foster care, and kinship community through whatever you may be experiencing, and though things are changing rapidly, we will do our best to provide clear information.

We remain committed to our values of honoring the identities and lived experience of everyone we serve, and increasing access to appropriate resources and services.

The HELP Program is available to assist in finding the right support for you, your family, and/or your clients. <u>You can contact them here.</u>

If you are experiencing a mental health crisis: call, text, or chat <u>988</u>.

# Fifth Annual 5K Fun Run REGISTRATION OPEN!



### Join us on Sunday, May 18, 2025 for our next 5K!

We're raising **funds** for the <u>Back-to-School Shopping Event</u> and **awareness** for the need for families for kids in foster care.

Ways you can help:

- Run or walk!
- Show up and learn more about adoption and foster care.
- Bring a friend and/or family member to join you!

We will have music, yard games, a playground, and a photographer to take your family picture!

There will also be a variety of resource tables to provide information about becoming a foster parent, supports & other topics of interest to adoptive, foster and kinship families.

So, come walk your dog, push your stroller, or run through a 5K with us. It's a great way to be active with your family while supporting Minnesota kids in foster care.

Can't make it in person? You can join us virtually.

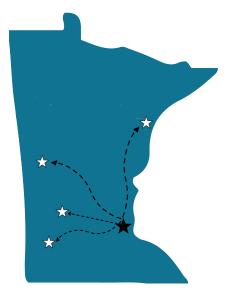
## **REGISTER TODAY!**

Get your shoes ready and register

We're searching for sponsors! If you'd like to learn more about partnering with us on this event, please reach out to **5K@fosteradoptmn.org**.

## Where in the State is Foster Adopt MN? Find us in the community

Minnesota Social Service Association Conference: Wednesday March 26 and Thursday, March 27, 2025 at the Convention Center in Minneapolis. Learn more.



### Forward this email to a friend

Information and resources for the foster, adoption, and kinship communities in Minnesota and the professionals who support them.

The Zero Kids Waiting Program is the gateway to information about adoption, foster care, and kinship in Minnesota.

Support, guidance, and resource connection for Minnesota's adoption, foster and kinship communities

Information, resources, and referrals regarding post-permanency support in Minnesota.

Our Education Program provides workshops on topics relevant to foster, adoptive, and kinship families.

Provides information and referral to adopted persons, birth families, and adoptive families who need records or have questions about the search process.





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