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Keep reading to stay informed on events and happenings at Foster Adopt Minnesota, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.

Support our work

Happy Pride Month







Find us at the TC Pride Parade.

We're excited to be participating in the Pride March on Sunday, June 25. See you there!







WE ARE CELEBRATING PRIDE MONTH WITH FREE WEBINARS IN JUNE

LEARN MORE & REGISTER

Meet the Kids





Elliston,16, is a talkative, outgoing, funny, and brilliant teen who loves to chat and make new connections. He likes playing basketball, football, wrestling, and is even taking a boxing class at school, which he loves! Elliston is excellent at solving Rubik's Cubes and can finish them in minutes. He is a great singer and enjoys singing along to the car radio. Elliston likes reading "anything that catches his eye" he would say and would like to have a good library in his area.

A family that can keep Elliston connected to his physical outlets and can continue to help him achieve his potential is a must. Elliston is open to any family composition or religious views. He would prefer to live in the Twin Cities metro area. Elliston loves horses and dogs and would love to live in a home with pets.

Following adoption, Elliston needs maintain contact with his brother and other family members.

Learn More

Resource Corner

Resources for LGBTQIA+ Youth

- The Trevor Project has several direct online resources specifically for LGBTQ+ youth:
 - Trevor Lifeline is a crisis intervention and suicide prevention phone service available 24/7 at 1-866-488-7386.
 - Trevor Chat is a confidential online instant messaging with a Trevor Counselor, available 24/7, at <u>trevorproject.org/get-help-now/</u>
 - Trevor Text is a confidential text messaging with a Trevor Counselor, available 24/7/365, by texting START to 678678.
 - Trevor Space is an arming international community for LGBTQ young people ages 13-24 available at trevorspace.org
- **Q Chat Space** is a bully-free online community of LGBTQ+ teens that can chat with other LGBTQ+ teens and trained staff from LGBTQ+ centers around the country.
 - You can access Q Chat Space at <u>www.qchatspace.org</u>
- Gender Spectrum Lounge is a global online community for genderexpansive teens, their families and support professionals to connect, collaborate and find resources. You can access the Gender Spectrum Lounge at <u>genderspectrum.org/lounge</u>
- Family Equality Neighborhood is a virtual hub for LGBTQ+ families and offers a robust calendar of activities from toddler dance parties to creative writing workshops for teens.
 - You can access the Neighborhood at <u>https://www.familyequality.org/neighborhood/</u>

Resources for LGBTQ+ Children and Teens

- OK2BME <u>https://ok2bme.ca/resources/books-and-movies/</u>
- OUTFRONT MN: <u>https://www.outfront.org/</u>
 - They have a hotline available for anyone experiencing violence, harassment, or harm.
- Rainbow Round Table LGBTQIA+ Resources for Children
 http://www.ala.org/rt/rrt/popularresources/children
- Diverse Children's Books to Support Transgender and Non-Binary Youth and to Understand Gender

https://welcomingschools.org/resources/books

• It Gets Better Project - <u>https://itgetsbetter.org/</u>

Additional Resources for Family/Parents

- Rainbow Families Support Group This group is hosted by NACAC's Adoptive Foster Kinship Connections program and is facilitated by Nitara Frost. Meetings are typically held on the 4th Wednesday of every month. Visit AFKC's support group calendar for a link to the join the group. Contact Nitara at nitarafrost@nacac.org for questions.
- Rainbow Families Private Facebook Group To join NACAC's Adoptive Foster Kinship Connections' Rainbow Families group and any of AFKC's other adoption-related Facebook groups, please complete the questionnaire at <u>https://www.surveymonkey.com/r/PCGCJ72</u>.
- Transforming Families TFF provides support for transgender youth and their families. They hold meetings on the 2nd Saturday of each month for adults and teens/tweens ages 11-19. Contact info@tmn.org for information on joining a virtual meeting or TFF's private Facebook group. To learn more, visit <u>https://tmn.org/new-events</u>.

Local Resources for Mental Health, Healthcare, etc.

 Transforming Families Resources (peer support, advocacy, education, health, etc.) – <u>https://tmn.org/resources</u>

High Five with Foster Adopt MN 🐴

Recognizing professionals in our community and the good work they do.



Meet Janet Salo.

FAM would like to extend our appreciation and deep respect to Janet Salo for her history and dedication in supporting the Minnesota kinship community. Janet is an invaluable resource to both families and professionals.

Her humble leadership, dedication, collaborative approach, and warm demeanor has a positive impact on the lives of so many. Thank you, Janet!

I am passionate about serving kinship caregivers – those caring for a relative's or friend's child! You may not know that over 79,000 Minnesota children are living in households without a parent present. I started to see more and more grandparents and other relatives who were caring for children. I was inspired by the strengths of kinship caregivers and their families to learn more to help them on their journey. I love to hear about their progress towards their goals and aspirations.

LSS Kinship Family Support Services provides a Warmline at 877-917-4640 for kinship caregivers, one to one supportive service, support groups and training. We provide this service alongside families and addressing their most pressing needs first. Whether is it getting medical assistance, accessing county financial services, navigating legal options, locating mental health resources and other programs, we are happy to assist!

Warmline: 877-917-4640 or 651-917-4640 www.kinshipcaregivers.org

Janet Salo Kinship Navigator, Kinship Family Support Services Lutheran Social Service of MN (LSS) Pronouns: She/Her/Hers

5th Annual Back-to-School Fundraiser



FOSTER ADOPT MINNESOTA BACK-TO-SCHOOL SHOPPING EVENT

We only have a few weeks left to reach our goal of sending **200** kids back-to-school shopping this fall! We'd love to surpass even that!

Help children in foster care have a positive and uplifting start to their school year. Our goal is to provide children in foster care with a shopping trip that will build the confidence they need to succeed in school.

Although we can't provide every child with this opportunity, we would like to give as many children as possible this back-to-school shopping experience.

You can help!

We are asking for your support to make this event a success. Your donation will go directly to children in foster care, so they can pick out clothing, shoes, tech gear or any other essential items to start their new school year. This experience means the world to children with limited opportunity.

Last year over 200 children were able to shop. Currently, we have raised money for **172** children to shop. Your donation, no matter how big or small, can make a big difference in the life of a child.

Social Justice, Race and Equity

Juneteenth - Monday, June 19

Find events and activities to celebrate

- The Art of Freedom: A Juneteenth Celebration in Minneapolis
- Juneteenth Minnesota in Minneapolis
- <u>Juneteenth Celebrating Freedom Day</u> with Minneapolis Parks & Recreation, June 17
- See more events on this <u>list from the U of M</u> or this <u>guide to kid-friendly</u> <u>Juneteenth celebrations</u>

Our name has changed, but our services remain the same.



post-adoption navigator

Information, resources, and referrals regarding post-adoption support in Minnesota

education

Our Education Program provides workshops on topics relevant to foster, adoptive, and kinship families.

post search

Provides information and referral to adopted persons, birth families, and adoptive families who need records or have questions about the search process.





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