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Keep reading to stay informed on events and happenings at Foster Adopt Minnesota, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.

Support our work

#### Get to Know Us



## Q: Spring is right around the corner. What are you most looking forward to after the snow melts away?

Working in the community garden, planting vegetables - Mary
Taking my pup to the dog park and exploring local parks (and parks around Minnesota)! - Christine
Riding my bike and going for walks without having to try and navigate how icy the sidewalks are. Most of all I'm excited to see everything start to turn green again!
Cathy
FLOWERS! Especially Lilacs - Margo
Seeing the flowers and trees bloom! - Kim S.
All the extra time I will have, not having to carve out time each week to shovel again, and again. - Kim Y.

Not having to bundle up every time I go outside, seeing the green start to spring again, and not worrying about freezing or slipping! - Hayley

Going for long walks and playing with my kids outside. - Stephanie

Getting outside! I love going on walks and playing at parks with my toddler! - Kayla

Grass, flowers, trees and gardens coming back to life and the warm, fresh smell in the air! - Kris

Building flower boxes and getting some new flowers planted with my kids! -Heather

Enjoying treasure hunting with my family! - Danielle

We love springtime at our house because we get to tap our trees and make our own maple syrup! - *Amy* 

Running and biking on clear paths! - Brittani

Family hikes :) - Christina

Picking up 5 months of dog poop! Just kidding. I'm looking forward to going for walks with my hound and not having to wear yak tracks for the ice :) - JT

Learn more about the FAM Staff

### **Fidgety Fairy Tales**

After taking a hiatus due to COVID-19, we're excited to announce we're back with a resource fair partnering with Minnesota Association for Children's Mental Health: Fidgety Fairy Tales. Join us on April 15th at the Brookdale Library.



# **Resource Fair Featuring:** Fidgety Fairy Tales!

Curious about adoption or foster care? Already in the process or currently a foster or adoptive family? Looking for resources?

We invite you to join us for a FREE informative, fun, entertaining and theatrical event featuring youth performers presenting Fidgety Fairy Tales. A variety resource tables will provide information on topics of interest to adoptive, foster and kinship families, and people wanting to learn about getting involved.

#### Saturday, April 15, 2023

10 a.m. - 12 p.m. Brookdale Library 6125 Shingle Creek Pkwy, Brooklyn Center, MN

For questions, contact Kim Sacay ksacay@fosteradoptmn.org

Crafts & Snacks

Resource

Tables

Free

Performance

Fid9ety Fairy Tales

Fidgety Fairy Tales - The Mental Health Musical is a production of the Minnesota Association for Children's Mental Health (MACMH). Learn more: www.macmh.org/fidgety-fairy-tales/

### **Upcoming Events**

SAVE	Spring Summit
11, 19, 27 APRIL <b>2023</b>	THE
DATE	<b>April 11th</b> Professional Day <b>April 19th</b> Parent & Professional Day <b>April 27th</b> Parent Day

### **Spring Summit**

The Spring Summit offers a variety of **FREE** workshops to help meet the needs of those on the frontline of foster care, kinship care, and adoption.

We've partnered with national speakers and experts to bring relevant, practical, and strategy-based workshops offered during our Spring Summit.



## **5K for Foster Care!**

We're back raising money for kids in foster care. Join us on May 7th for a walk or run. Bring your kids, dogs, friends, colleagues, everyone you know!

We'll have games, snacks, DJ music and more! Will we see you there?

Sign up today!

Register

#### **Meet the Kids**



#### Meet Robert ጰ

Robert, 17, is polite, well-mannered, intelligent, and has a dry sense of humor. He enjoys playing video games, board games, and cards games. Robert has a great imagination, loves to tell stories, and enjoys being challenged academically.

Robert needs a nurturing family that can provide structure and stability.

Following adoption, Robert will need to maintain contact with his siblings.

Learn More

### **Community Connections**

#### Thank you to our 5K event sponsors!

Become a sponsor!







#### **5th Annual Back-to-School Fundraiser**



## FOSTER ADOPT MINNESOTA BACK-TO-SCHOOL SHOPPING EVENT

Foster Adopt Minnesota is raising money for children in foster care. Our goal is to provide children in foster care with a shopping trip that will build the confidence they need to succeed in school.

You can help! We are asking for your support to make this event a success. Your donation will go to children in foster care, so they can pick out clothing, shoes, tech gear or any other essential items to start their new school year. This experience means the world to children with limited opportunity.

With your help, we can give Minnesota children in foster care the confidence they need to succeed in school and in life. Your donation, no matter how small, can make a big difference in the life of a child.

Together, we can make a positive impact on the lives of children in our community.

Give today

### **Social Justice, Race and Equity**

#### **Developmental Disabilities Resources**

In preparation for March, Developmental Disabilities Awareness Month, we wanted to share some information about a few organizations who work with individuals and families navigating developmental disabilities.

#### The Arc Minnesota

The Arc Minnesota provides advocacy, support, and resources for individuals with intellectual and developmental disabilities and their families. In addition to the multitude of resources The Arc Minnesota provides, the organization also has a team of advocates who are available to provide individualized support to people with disabilities and their families. Visit <u>https://arcminnesota.org/</u> to learn more about The Arc Minnesota and <u>https://arcminnesota.org/ways-we-can-help/ask-an-advocate/</u> to learn more about their Ask An Advocate service.

#### Family Voices of Minnesota

Family Voices of Minnesota is a nonprofit organization that provides resources and support to families of children and youth with disabilities and/or chronic health conditions. The organization offers a number of webinars and trainings, one-on-one peer specialist support, as well as a number of virtual and in-person support groups and family activities throughout the state. To learn more, visit <a href="https://familyvoicesofminnesota.org/">https://familyvoicesofminnesota.org/</a>.

#### **PACER Center**

PACER Center provides advocacy, support, and resources to individuals with disabilities and their families. The resources they provide include (but are not limited to) education, employment, mental health, housing, and support for transition-aged youth. Visit https://www.pacer.org/ to learn more.

# Our name has changed, but our services remain the same.



The Zero Kids Waiting Program is the gateway to information about adoption, foster care, and kinship in Minnesota.

fostering network

program

help

The Fostering Network Program provides awareness, information, support, and referral to improve the safety and well-being of Minnesota children in foster care.

Support, guidance, and resource connection for Minnesota's adoption, foster and kinship communities

post-adoption navigator

Information, resources, and referrals regarding post-adoption support in Minnesota

education

Our Education Program provides workshops on topics relevant to foster, adoptive, and kinship families.

post search Provides information and referral to adopted persons, birth families, and adoptive families who need records or have questions about the search process.





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