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For our Insider Readers ONLY: FREE Pre-Recorded Webinar

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Happy **Pride!**

A message from MN ADOPT



Who is MN ADOPT?

Meet the Board!

Yolanda McIntosh

**How long have you been on the MN ADOPT Board?**

I have been on the MN ADOPT Board for about 6 months now, so I am still new to the team.

Why do you support our work?

I support MN ADOPT because I experienced foster care from the age of 12 – 18. However, my younger brother was adopted, through Lutheran Social Services, as a toddler. My participation, as a board member of MN ADOPT, is one way I can show my appreciation for foster and adoptive parents, families, and agencies alike.

What is your favorite season and why?

I have two favorite seasons: Spring and Fall. For me, Spring represents new life. I enjoy leaves budding on trees, blossoming flowers, birds singing outside my window, early in the morning, and the sound of water flowing from the lakes. I am not so fond of allergies though.

Fall represents transition. The beautiful, colorful leaves fall from the trees, the flowers are laid to rest, and the water becomes much colder: all in preparation for the winter. I compare nature's seasons to the seasons of my life.

[Learn more about Yolanda](#)

MN ADOPT Education

For our Insider Readers Only

Enjoy a free listen to our pre-recorded webinar:

Creating Inclusive Homes & Services for LGBTQ+ Youth in Our Care

FREE

WEBINAR

Be sure to enter code
In\$iderFree at checkout to save!

LISTEN NOW

Interested in presenting for our Education Program?

MN ADOPT's Education Program offers a variety of training opportunities to parents and professionals. We are looking to expand our presenter pool in Minnesota.

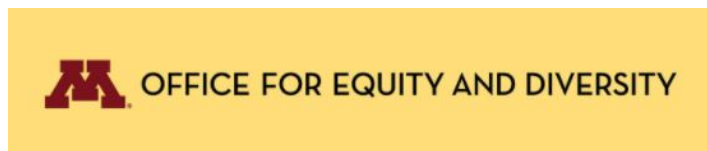
We offer topics such as Attachment, Child Development, Trauma, Kinship Care, LGBTQ, and Race.

If you are interested in presenting for us, please complete this online form:

<https://www.mnadopt.org/education/presenter-interest-form/>

Resource Corner

Pride Resources



[LGBTQIA Identities and Communities](#)

[University of Minnesota's Off-Campus Resource List](#)



Free Chest Binder Program



MN ADOPT's LGBTQIA+ Resource Page

From MN ADOPT's Webinar Library

Transgender 101

FREE

What does it mean to be a “trans” person or to be gender nonconforming (“GNC”)? What can other humans do to make trans and GNC people feel welcomed and accepted? What actions or words should they avoid? How does “passing” or not “passing” or the absence of legal rights in many states play into a transgender person’s daily life?

Join national speaker, diversity consultant and author **Ellen “Ellie” Krug** as she shares what it means to be transgender and offers tips and advice on how to be inclusive toward anyone who identifies as trans or GNC. The talk will include some brief sharing of Ellie’s personal story and many basics about pronouns, “passing,” and “bathroom” issues.

Gender Identity and Sexual

Orientation 2.0: Essential Updates for Parenting Queer and Trans Youth of Today.

This workshop will provide current real life examples that will support our ability to effectively parent the current generation of queer and trans youth. We will also consider how gender and sexual development interacts with and informs additional layers of identity development including but not limited to adoptive and racial identity as well as physical and mental health diagnoses.

Community Connections

RAINBOW HEALTH

Formed through the merger of the Minnesota AIDS Project, Rainbow Health Initiative, and Training to Serve, Rainbow Health provides comprehensive health services for people who experience injustice at the intersection of health status and identity. Rainbow Health centers and advocates for LGBTQ+ people, those living with HIV, and all folks from underserved communities facing barriers to healthcare.

Rainbow Health brings their purpose to life in two primary ways:

- Directly serving and supporting the LGBTQ+ community and those living with HIV by providing compassionate care
 - Their direct services include HIV prevention and testing, insurance navigation, housing coordination, medical case management, behavioral health therapy, chemical health counseling, peer support, syringe exchange, legal services, and more
- Fighting for better health systems for those erased and excluded, by educating care providers, policymakers, and one another about how to be more just and inclusive

[Check out their website](#)



MN ADOPT's First Annual Family Run/Walk 5K

Saturday June 12, 2021 – Saturday, June 19, 2021

Location: VIRTUAL - wherever you are!

Wherever you are, you can help foster youth go back to school shopping in August! We are raising money to provide a \$200 shopping spree to as many youth in foster care as possible.

Walk, jog, run, bike or dance your way through a 5K. It's a great way to be active with your family while supporting youth in foster care!

Funding will be directed to support MN ADOPT's Third Annual Back-to-School Shopping Event for youth in foster care!

JOIN US



[Don't want to do a 5K, but still want to donate?](#)

On Race, Racism & Racial Justice: Celebrating Juneteenth

[What is Juneteenth?](#)

[History of Juneteenth](#)

[Celebrating Juneteenth](#)

[Minneapolis City Council votes to make Juneteenth a Holiday](#)

For more resources, visit our website: <https://www.mnadopt.org/resources/on-race-racism/>



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