August 2019



mnadopt Insider

Who is MN ADOPT?

Check back monthly to learn a little more about us and our organization!



Meet Jetta!

What is your role at MN ADOPT?

I am the Manager of the MN ADOPT HELP Program. My staff work to connect parents and professionals to post-adoption supports for foster, kinship, or adoptive families across the state. We work with a specialized group of adoption-competent therapists to support families, and can provide parents financial scholarships to attend training or pay for therapeutic services for themselves or their children. We also support community professionals to navigate resources for families, including attorneys, school social workers, mental health professionals, and more. Our work is to create supported and stable home environments.

How long have you been at MN ADOPT? May 2019 What do you like to do for fun when you are not working? I love spending time with my family, driving my children to soccer practices and watching their games, and training for triathlons - I'm not that good, but I have fun!

Program Highlight

HELP

The MN ADOPT HELP Program provides FREE phone support and consultation to Minnesota adoptive, foster and kinship communities. We connect families to many individualized supports including therapeutic options and educational resources. Support to professionals that work with these families is also available.

As we enter a new school year, we want to highlight that HELP funding may be available for extra school support. This money can be used for one of the therapists in our network to attend school meetings, collaborate with school staff or help your family prepare for IEP/504 meetings.

Please reach out to us at 612 746-5137 to learn more about how to access this potential funding.



Visit our Program



Upcoming Events

Back-to-School Workshops

- Thursday, August 8: [WEBINAR] <u>Complex</u> <u>Trauma in the Classroom: Expanding</u> <u>Awareness and Bolstering Strategies for</u> <u>Educators SUCCESS</u>
- Tuesday, August 13:<u>Trapped in a Maze</u> <u>With no Lights: School Refusal and</u> <u>Truancy Among Adopted and Foster Care</u> <u>Youth</u>

Register

Resource Corner

Back to school transitions can be stressful.

These 5 resources can help!!

(Click on the titles to for the links)



Inner Work World-Trauma Informed resources for caregivers and school staff.



<u>Grow Beyond Words-</u> Books, Videos & Training for Adoptive, Foster & Kinship Families



Family Voices of Minnesota-

Peer to Peer support for caregivers of children with disabilities





Lives in the Balance-

Proactive, Collaborative Solutions for children with challenging behaviors

PACER Center-Advocacy, Education & IEP/504 Support

Community Connections

Minnesota Sheriffs' Association is

teaming up with MN ADOPT to shop with our children in foster care. Children will be paired, one-on-one, with a police officer. The police officers help the kids pick their items and keep track of their budget as they make their way down the aisles.

Be part of our team to give kids a



shopping trip to remember!

Learn More

MOA Pond Fund

MALL OF AMERICA

Mall of America has several indoor ponds around the mall where guests can drop change and make a wish. MN ADOPT was selected to receive the coins tossed into the ponds for the month of August. Thanks, MOA!

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// CONNECT WITH US //

